



Southern
Traveler

YOUR LOCAL'S GUIDE TO ALL POINTS SOUTH

50 REASONS WE'RE THANKFUL TO BE SOUTHERN

The region has seen an embarrassment of riches this year—from an inspiring wave of fresh-faced artisans to new cultural bragging rights. Here's why we're counting our blessings

**No. 1 | BECAUSE THIS
KING STILL RULES**

Fifty years after signing with ABC-Paramount Records, 87-year-old B.B. King and his lady Lucille continue to rock the blues, playing up to 100 shows each year. Pick up his recently released career-spanning 10-CD box set *Ladies and Gentlemen...Mr. B.B. King* (amazon.com; \$117).

STEWART COHEN

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**IMPORTANT SAFETY INFORMATION
FOR RADIESSE® VOLUMIZING FILLER**

**A Brief Description of Warnings and
Precautions for RADIESSE® Volumizing Filler**

Warnings: RADIESSE® Volumizing Filler should not be injected into blood vessels. Use of RADIESSE® Volumizing Filler in any person with active skin inflammation or infection in or near the treatment area should be deferred until the inflammatory or infectious process has been controlled. The safety and effectiveness for use in the lips has not been established. There have been published reports of nodules associated with the use of RADIESSE® Volumizing Filler injected into the lips.

Precautions: Safety for use during pregnancy, in breastfeeding females or in patients under 18 years has not been established. As with all skin-injection procedures, there is a risk of infection. Patients using medications that prolong bleeding, such as aspirin or warfarin, may, as with any injection procedure, experience increased bruising and bleeding at the injection site. Patients should inform their physician if they are using such medications. Patients should minimize exposure of the treated area to extensive sun or heat exposure for approximately 24 hours after treatment or until any initial swelling and redness has resolved. Safety and effectiveness in the periorbital area has not been established. The safety of RADIESSE® Volumizing Filler in patients with a susceptibility to keloid formation and hypertrophic scarring has not been studied. If laser treatment, chemical peeling, or any other procedure based on active dermal response is considered after treatment with RADIESSE® Volumizing Filler, there is a possible risk of eliciting an inflammatory reaction at the implant site. This also applies if administered before the skin has healed completely after such a procedure. Patients with a history of previous herpetic eruption may experience reactivation of the herpes.

Important: For full safety information, please visit www.Radiesse.com or call Merz Aesthetics Customer Service at 866-862-1211

Caution: Rx Only

¹Berlin A, Hussain M, Goldberg D. (2008) Calcium Hydroxylapatite Filler (RADIESSE®) for Facial Rejuvenation: A Histologic and Immunohistochemical Analysis. *Dermatologic Surgery*, Volume 34, S64-S67.

²Moers-Carpi M, Vogt S, et. al. (2007) A Multicenter, Randomized Trial Comparing Calcium Hydroxylapatite to Two Hyaluronic Acids for Treatment of Nasolabial Folds. *Dermatologic Surgery*, 33 (2S), 144s-151s.

³Bass LS, Smith S, Busso M, McClaren M. (2010) Calcium Hydroxylapatite (Radiesse) for Treatment of Nasolabial Folds: Long-Term Safety and Efficacy Results. *Aesthetic Surgery J*, 30 (2): 235-238.

50 REASONS WE'RE THANKFUL



**No. 32 BECAUSE
BLUSH AND
BASHFUL WILL ALWAYS BE
OUR SIGNATURE COLORS**

This year marks 25 years since Robert Harling's play *Steel Magnolias* debuted off-Broadway at the WPA Theatre in New York City. Inspired by the loss of his sister and set in a fictional Louisiana parish, the play introduced us to one-liners like "If you don't have anything nice to say about anybody, come sit by me." Celebrate with a slice of red velvet armadillo cake or a stay in Shelby's room at **The Steel Magnolia House** (steelmagnoliahouse.com) in Natchitoches. The innkeeper keeps the house looking as it did when the movie was filmed there in 1989.

**NUMBER 33
BECAUSE EVEN THE
COFFEE SHOPS IN
LOUISVILLE,
KENTUCKY, HAVE
GOOD MANNERS.
WE'RE LOOKING AT
YOU, PLEASE &
THANK YOU.**

pleaseandthankyoulouisville.com

**No. 34 BECAUSE WE
CAN READ...**

After Wal-Mart closed shop in McAllen, Texas, it left behind 123,000 square feet of retail space. Rather than bring in another big-box store, the town turned the building into the **McAllen Public Library** (mcallenlibrary.net), the largest single-story library in the country. The conversion from vast warehouse to book haven even earned it the 2012 title for best library design from the International Interior Design Association.

**No. 35 ...AND WE CAN
REALLY WRITE**

Southerners have a way with words. Here, Trisha Ping, managing editor of *BookPage*, shares her favorite new releases from her fall reading list: In *Heading Out to Wonderful* by Robert Goolrick, a newcomer makes his home in mid-century small-town Virginia, disrupting their peace and purity. In Julia Keller's debut novel, *A Killing in the Hills*, 17-year-old Carla Elkins unearths the truth about her crime-stricken Appalachian home. *Love's Winning Plays* by Inman Majors takes a comedic look at love and SEC football in small towns across the South.