



# WELLNESS

## Expo

**FRIDAY, FEBRUARY 27**  
**11:00AM - 1:00PM**

Join us at our Palm View Branch Wellness Expo! Come learn about healthy living habits and how to stay active at any age.

### **FREE Health Services & Information!**

- Blood Pressure Checks
- Glucose Monitoring
- Health Talks
- And More!

**Palm View Community Center Gymnasium**

3401 Jordan Rd., W.  
McAllen, TX 78503

**For More Information,  
Please Call The Palm View Branch Library  
at (956) 681-3110**